

GURU NANAK DEV UNIVERSITY, AMRITSAR

THE GOLDEN JUBILEE FITNESS CENTRE

Membership Form

Ref. ID _____
(For Office use)

1. Name _____
2. Father's Name _____
3. Date of Birth _____
4. Status : Student / Employee / Ex-Employee / Employee's Ward / Others

If Employee: Nature of Employment _____

If Employee's Ward: Relation _____

Employee's Name, Designation _____

5. Class / Roll No. / Department _____

6. Permanent Address _____

Mobile No. _____ E-mail ID _____

I wish to join Fitness Centre at my own risk and responsibility and my head / parents have no objection to the same. I have carefully read the regulations overleaf regarding use of the Fitness Centre and will abide the same.

Recommendation of HOD
(with Rubber Stamp)

Signature of the Candidate

I have no objection to my son/daughter/ward seeking Fitness Centre membership at Guru Nanak Dev University, Amritsar.

Signature of the Parent/Guardian _____

Full Name & Address _____

MEDICAL CERTIFICATE

I have examined Mr./Ms. _____ S/o/D/o/Spouse of
Sh. _____ and found him/her physically & medically fit.

University Medical Officer/MBBS Doctor
(Seal)

Note: Please mail your recent Photograph along with detail on email: gnducampusports@yahoo.com

Paste your
Photograph,
Duly Attested

GURU NANAK DEV UNIVERSITY, AMRITSAR

THE GOLDEN JUBILEE FITNESS CENTRE

Instructions for Users

Members are requested to adhere to the following instructions for the use of Fitness Centre at the University campus:

1. Fitness Centre shall be opened to the members only.
2. University ID Card/Adhaar Card (for others) is mandatory to procure Membership Card.
3. Entry of the members may be restricted as per user capacity of the Fitness Centre.
4. Entry to the Fitness Centre shall be through Membership Card issued by Dean Students' Welfare. No excuse shall be entertained for non-possession of Membership Card.
5. In case of Membership Card being lost, member shall have to procure a new card and the remaining balance of previous card will not be carried forward.
6. Members shall deposit their Membership Cards and other belongings with Attendant at the main gate before entering the Fitness Centre.
7. No valuables should be brought along with. No staff member will be held liable for the loss of belongings of the members.
8. Members shall do fitness at their own risk and responsibility.
9. No eatables/drinks are allowed in the Fitness Centre.
10. Members should be in proper sports dress.
11. Members suffering from any skin/infection/contagious disease/asthma and cardiac diseases are not allowed.
12. The members are expected to maintain discipline and good behaviour.
13. Full value and penalty shall be charged for any damage, breakage or loss of the Fitness Centre property.
14. No member shall interfere with the duties of any staff member.
15. Only one timing slot of one hour duration per day will be made available to the members. Each member shall choose a session (either in the morning, day time or evening) in consultation with the incharge according to the availability of the slot.
16. The minimum age for Fitness Centre membership is 14 years.

Any member who does not adhere to the above instructions and/or creates indiscipline, he/she shall forfeit his/her membership along with deposited amount without any notice.

Dean Students' Welfare